

# HEALTH EDUCATION

## About the Program

Free voluntary home-visiting program providing education to pregnant women and families up until their child's 3rd birthday.

## Areas of Focus:

- Healthy pregnancy education (nutrition, mental health, provider recommendations)
- Interconception education and counseling (tobacco education and cessation)
- Healthy baby and development education (immunizations, child check-ups, feeding support)

To learn more about eligibility requirements for this program, contact a Maternity Navigator at 772-268-7420 or 772-268-7474.

Healthy Start App



Programs



Classes



Parent Resources

