

# MATERNITY NAVIGATION

## About the Program

This is the gateway to all our programs and services. Whatever you need as a parent in Indian River County, our Maternity Navigator will be happy to help guide you.

Housed within Partners in Women's Health and Cleveland Clinic Indian River Hospital. These professionals are trained in maternal mental health and ensure that new mothers are supported emotionally as much as their physical health. Individual assessments and planning sessions are developed and tailored into a perinatal plan that includes Healthy Start, community resource identification, and support options during pregnancy and throughout the postpartum period.

## Areas of Focus:

- Care satisfaction
- Program referral
- Building awareness around community resources

Contact a Maternity Navigator at 772-268-7420 or 772-268-7474.

Healthy Start App



Programs



Classes



Parent Resources

